



LEAST RESISTANCE TRAINING CONCEPTS

PROCEDURE GUIDE No. 20-99

ALCOHOL & INTOXICANTS

Issue Date: 1-14-2020, Rev. 8/2/25



This Procedure Guide supersedes all previous guides in order to comply with the latest Lyon County, state and national training and operations standards.

Discussion:

The Alcohol and Intoxicants policies described in this Procedure Guide apply to all training and field (rescue) activities to ensure that all activities are conducted safely and efficiently. This procedure guide is amended to also apply to events where alcohol sales are licensed.

Definitions:

Alcohol refers to any beverage where consumption is restricted by age due to alcohol content.

Intoxicants refer to any substance or medicine that can impair the user's level of consciousness (alertness and/or mentation,) balance, coordination or produce any other functional or cognitive impairment.

1. General Policy:

- 1.1 Alcohol or other Intoxicants shall not be present or consumed at any event or activity except for events such as fundraising dinners where alcohol sales are licensed.
- 1.2 Members are expected to engage in activities in a sober state for the safety of themselves and others present.

2 Field Responses:

- 2.1 It is recognized that members will on occasion consume alcoholic beverages. As a matter of safety, members shall decline response requests if they have consumed two or more alcoholic beverages within two hours prior to such requests, or if the concentration of alcohol would impair alertness, mentation, balance, coordination or produce any other functional or cognitive impairment.
- 2.2 The requisite withdrawal period for circumstances described in Section 2.1 shall be two hours from the most recent alcoholic beverage consumption.
- 2.3 Members shall not respond if under the influence of any other intoxicant, including but not limited to cannabis or its derivatives or medications that could produce impairment.

3 Fundraising Dinners:

- 3.1 All members volunteering at functional activities shall be expected to arrive and carry out their duties in a sober state.
- 3.2 Members volunteering at fundraising events where alcohol is provided shall refrain from consuming alcoholic beverages until their functional activities have concluded.

4 Member / Responder Responsibilities:

- 4.1 As this procedure guide relates to operational safety, all members shall be responsible for compliance with this policy and its intent to the greatest extent practicable.